OBAT Nursing Follow-Up Note Template

Visit type:

□ Scheduled

 \Box Call back

🗆 Walk-in

 \Box Random call back

□ Transmucosal buprenorphine/naloxone	□ Transmucosal buprenorphine
□ Injectable buprenorphine	□ Oral naltrexone
□ Injectable naltrexone	□ Other:

Current dose of transmucosal buprenorphine product:

$\Box 1 = 2 \text{ mg}$	$\Box 4 = 8 \text{ mg}$	\Box 7 = 16 mg	$\Box 10 = 28 \text{ mg}$
$\Box 2 = 4 \text{ mg}$	\Box 5 = 10 mg	$\Box 8 = 20 \text{ mg}$	$\Box 11 = 32 \text{ mg}$
\Box 3 = 6 mg	\Box 6 = 12 mg	\Box 9 = 24 mg	\Box 12 = Other

Current dose of injectable buprenorphine:

Sublocade \mathbb{R} : \Box 100 mg \Box 300 mg

Brixadi [®] :	□ 8 mg	□ 16 mg	□ 24 mg	□ 32 mg
	□ 64 mg	□ 96 mg	□ 128 mg	-

Current dose of naltrexone:

 \Box 25 mg (oral) \Box 50 mg (oral) \Box 380 mg (injectable)

Is patient taking medication for addiction treatment as directed (dose, administration, etc.)? $\Box 1 = Yes \qquad \Box 2 = No$

The patient's dose is:

- □ Stable
- □ Titrating up

□ Tapering down

Is patient experiencing any of the following?

- □ Cravings
- \Box Withdrawal symptoms
- \Box Side effects
- □ Other: ____
- □ Patient denies cravings/withdrawal symptoms

Comments: _____

Has patient used any substances? (Check all that apply)

□ Fentanyl

- 🗆 Heroin
- □ Oxycodone
- □ Morphine
- □ Illicit buprenorphine
- \Box Other opioid
- □ Alcohol
- □ Barbiturate
- □ Benzodiazepines
- □ Amphetamines
- ☐ Methamphetamines
- Cannabinoid
- □ Nicotine/Tobacco
- □ Patient endorses no substance use
- □ Other: _____

Route of substance use:

Oral
Smoke/inhalation
Intranasal
Intrarectal
Injection
Other:

Does patient have access to nasal naloxone?

$\Box 1 = Yes$	$\Box 2 = No$
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If no access to naloxone:

- □ Patient was provided with a prescription for nasal naloxone today
- □ Patient was dispensed a nasal naloxone rescue kit at time of clinic visit
- □ Patient was provided with information about how to access naloxone
- □ Patient declined naloxone at time of encounter
- □ Comment: _____

Is patient engaged in counseling or psychotherapy? \Box 1 = Yes \Box 2 = No

Details of psychotherapy (e.g., 1:1 counseling or group, psychiatry, name of provider, location, frequency of visits, etc.):

Is there a release of information on file to collaborate?	$\Box 1 = Yes$	$\Box 2 = No$
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Is patient engaged in peer support services?	$\Box 1 = Yes$	$\Box 2 = No$
Details of peer support:		

Is the patient currently engaged with any of the following agencies?
 Department of Children and Families Criminal-Legal System Vocational Training School Other/Comment:
Is there a release of information on file to collaborate? $\Box 1 = Yes$ $\Box 2 = No$
Details of release of information:
Where is the patient currently staying?
 Own house or apartment House or apartment belonging to a friend or family member Residential treatment program Shelter Street Sober House Other/Comment:
Sexually active: $\Box 1 = $ Yes $\Box 2 = $ No
Gender identity of sexual partner(s):
 Man Woman Non-binary Gender nonconforming Genderfluid Intersex Other/Comment:
Does sexual partner identify as transgender: \Box 1 = Yes \Box 2 = No
Contraception? (check all that apply) Male condoms Oral contraceptives Injection (e.g., Depo-Provera) Hormonal implant Intrauterine device/contraception (IUD or IUC)

□ Vaginal ring
□ Patch
□ Rhythm/fertility awareness methods/withdrawal
□ Female barrier method (e.g., diaphragm, female condom)
□ Permanent medical reason (e.g., menopause, bilateral tubal ligation, hysterectomy)
□ None
□ Trying to conceive
Other/Comment:
For patients with uterine reproductive capabilities: LMP:

If menses was more than one month ago, would you like a pregnancy test today?

 \Box 1 = Yes \Box 2 = No

If positive result:

□ Patient desires prenatal care: offered prenatal vitamins and facilitated warm hand-off to Obstetrics and Gynecology team to begin prenatal care

□ Patient does not wish to continue pregnancy: connected to appropriate Obstetrics and Gynecology team

□ Patient unsure: offered prenatal vitamins and connected to appropriate Obstetrics and Gynecology team

Comment:

Are there any medical concerns today? $\Box 1 = Yes$ $\Box 2 = No$

If	yes,	details:	

PCP Name: _____

Was the last OBAT	provider visit within	4 months? □ 1 =	• Yes $\Box 2 = No$
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When were the patient's last labs drawn?

Toxicology Screen collected?	$\Box 1 = Yes$	$\square 2 = No$
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Was recovery support and educa	tion provided today? $\Box 1 = Yes$	$\Box 2 = No$
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Was a form of injectable medication administered during the visit?

 \Box No

□ Yes: Injectable naltrexone

 \Box Yes: Injectable buprenorphine

Other/Comment: _____

Dose of injectable medication administered today:

Injection location:

□ Right upper quadrant of gluteal muscle

- Left upper quadrant of gluteal muscle
- Transpyloric plane 1
- □ Transpyloric plane 2
- □ Transpyloric plane 3
- Transpyloric plane 4
- Other/Comment:

Transpyloric Plane		
L0t		
Expiration:		
Appearance of most recent	t injection site:	
Prescription Drug Monitor	ring Program checked? 🗆 1 = Yes	$\Box 2 = No$
Refill sent? \Box 1 = Yes	$\Box 2 = No$	
Visit summary and Plan:		

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