

## SELECT RESOURCES FOR FAMILIES DEALING WITH A SUBSTANCE-RELATED DEATH

## Books on Grief & Loss

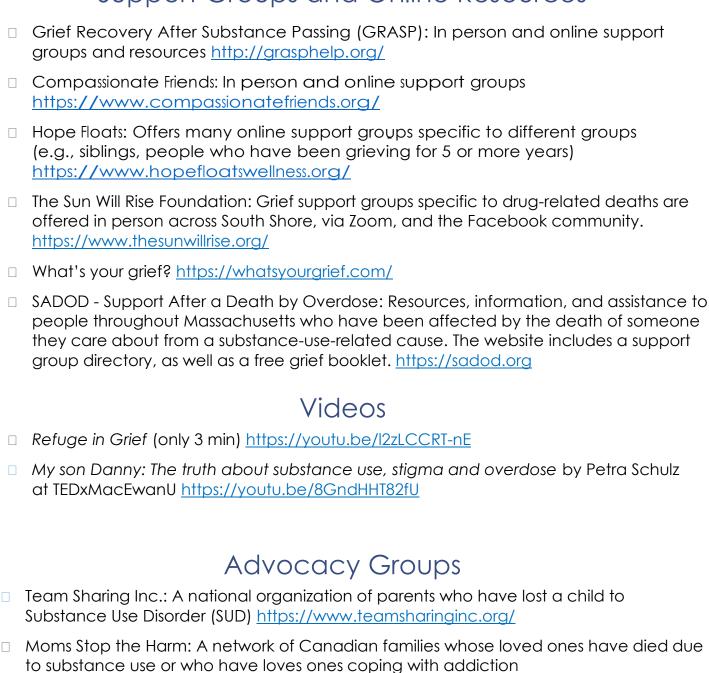
From Heroin to Hope: Making Sense of the Loss of a Child by Marsha Wiggins
Grief Diaries Surviving Loss by Overdose by Lynda Cheldelin Fell, Shannie Jenkins and Whitney O'Brien (Author)
Understanding Your Grief after a Drug-Overdose Death (Words of Hope and Healing) by Alan Wolfelt
Living When a Loved One Has Died: Revised Edition by Earl Grollman
I Wasn't Ready to Say Goodbye: Surviving, Coping and Healing After the Sudden Death of a Loved One (A Compassionate Grief Recovery Book) by Brook Noel
Healing After Loss: Daily Meditations For Working Through Grief by Martha Whitmore Hickman
When the Bough Breaks: Forever After the Death of a Son or Daughter by Judith R. Bernstein
Losing Jonathan by Robert P. Waxler
Beyond Tears: Living After Losing a Child, Revised Edition by Ellen Mitchell
Life Between Falls: A Travelogue Through Grief and the Unexpected by Julie Lange
When a Child Dies From Drugs: Practical Help for Parents in Bereavement by Pat Wittberger
You Are the Mother of All Mothers by Angela Miller
I Am Your Disease by Sheryl McGinnis
Navigating Grief: A Guided Journal: Prompts and Exercises for Reflection and Healing by Mia Roldan
When Someone Very Special Dies by Marge Heegaard (Children's Book)
When Something Terrible Happens by Marge Heegaard (Children's Book)



□ The Next Place by Warren Hanson (Children's Book)

Support Groups and Online Resources

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For questions or additional information please email EmpoweringFamilies@bmc.org or Alicia Ventura at alicia.ventura@bmc.org

http://www.momsstoptheharm.com/