HOW TO STAY SAFER

As xylazine can cause unconsciousness for several hours:

- Keep money and personal items in a safe place
- Pad boney parts of your body
- Sit or lay down after use
- Avoid being alone. Alternate using with trusted friends
- Use in places with stable temperatures

ADDITIONAL RESOURCES

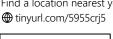


Massachusetts Overdose Prevention Hotline

1-800-972-0590

StreetCheck

Free drug checking services to see what's in your supply. Find a location nearest you







Learn more about xylazine

XYLAZINE

// zai · luh · zeen //

AKA "Trang" or "Trang Dope"

A veterinary sedative making its way into the drug supply. Xylazine increases the risk of sedation, overdose, and wounds that are hard to heal

This guide focuses on overdose >>>





Grayken Center for Addiction Training & Technical Assistance Boston Medical Center

DID YOU KNOW?



- Xylazine is a **non-opioid** tranquilizer
- Xylazine can be mixed with opioids like fentanyl, which increases overdose risk

Always give naloxone if you suspect an overdose!

OVERDOSE PREVENTION

- Xylazine might be in your drug supply. Ask others about their experiences
- Some places have xylazine test strips or can test your drugs for you
- Start low and go slow
- Avoid using alone
- Always have naloxone available and visible



KEY TIPS

People experiencing an overdose involving xylazine may remain unconscious or unarousable EVEN AFTER getting naloxone.

Remember that naloxone helps restore breathing! Giving more naloxone than needed can cause severe opioid withdrawal symptoms like vomiting.

WHAT TO LOOK FOR?

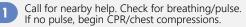
Overdoses involving xylazine make people more sedated/sleepy for a much longer time.

Additional signs include:

- Slow, irregular, or no breathing
- Choking, gurgling, or snoring sounds
- Blue-colored lips or nails
- · Slow heart rate
- · Tiny pupils if opioids present



WHAT TO DO?



- If slow or shallow breathing, give naloxone. If breathing is regular, skip to step 4
- Give rescue breaths once every 5 seconds. Use a face shield if available
- Once breathing again, place in recovery position. Place padding under bony areas



- Keep checking breathing and pulse. Call 911 if appropriate
- 6 Roll from side to side every 1-2 hours