

# HOW TO STAY SAFER

As xylazine can cause unconsciousness for several hours:

- Keep money and personal items in a safe place
- Pad boney parts of your body
- Sit or lay down after use
- Avoid being alone. Alternate using with trusted friends
- Use in places with stable temperatures

## ADDITIONAL RESOURCES



**Never Use Alone Hotline**

1-800-484-3731

[neverusealone.com](http://neverusealone.com)

### The Brave App

Free, confidential service so you don't have to use alone.  
On iOS & Android.

 [brave.coop](http://brave.coop)



Learn more about  
xylazine

# XYLAZINE

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AKA “Tranq” or “Tranq Dope”

A veterinary sedative making its way into the drug supply. Xylazine increases the risk of sedation, overdose, and wounds that are hard to heal.

This guide focuses on overdose >>>

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## DID YOU KNOW?



- Xylazine is a **non-opioid** tranquilizer
- Xylazine can be mixed with opioids like fentanyl, which increases overdose risk

**Always give naloxone if you suspect an overdose!**

## OVERDOSE PREVENTION

- Xylazine might be in your drug supply. Ask others about their experiences
- Some places have xylazine test strips or can test your drugs for you
- Start low and go slow
- Avoid using alone
- Always have naloxone available and visible



## KEY TIPS

People experiencing an overdose involving xylazine may remain unconscious or unarousable **EVEN AFTER** getting naloxone.

Remember that naloxone helps restore breathing! Giving more naloxone than needed can cause severe opioid withdrawal symptoms like vomiting.



## WHAT TO LOOK FOR?

Overdoses involving xylazine make people more sedated/sleepy for a much longer time.

Additional signs include:

- Slow, irregular, or no breathing
- Choking, gurgling, or snoring sounds
- Blue-colored lips or nails
- Slow heart rate
- Tiny pupils if opioids present



## WHAT TO DO?

- 1 Call for nearby help. Check for breathing/pulse. If no pulse, begin CPR/chest compressions.
- 2 If slow or shallow breathing, give naloxone. If breathing is regular, skip to step 4
- 3 Give rescue breaths once every 5 seconds. Use a face shield if available
- 4 Once breathing again, place in recovery position. Place padding under bony areas



- 5 Keep checking breathing and pulse. Call 911 if appropriate
- 6 Roll from side to side every 1-2 hours