

# CARING FOR ADOLESCENTS IN CHALLENGING TIMES

Join us for a free full day conference addressing the complex needs our adolescent population is facing today. The conference will include sessions given by leading experts in the field on substance use disorder screening, prevention, and treatment, concurrent mental health issues and trauma, social media, the role of the family, JUULing and marijuana.

*For more details and to register, visit: <https://www.bmcobat.org/training/register/event/?id=117>*



APRIL 12, 2019

REGISTRATION: 8:00 AM

CONFERENCE: 8:30 AM– 4:30 PM



SHERATON NEEDHAM HOTEL

100 CABOT STREET

NEEDHAM, MA 02494



TARGET AUDIENCE INCLUDES:  
PROVIDERS, NURSES, CLINICIANS  
AND SUPPORT STAFF WORKING  
WITH ADOLESCENTS



IF YOU HAVE ANY QUESTIONS,  
PLEASE CONTACT:

OBAT@BMC.ORG

**\*A maximum of 6.5 CME hours will be provided for  
providers, nurses, and social workers\***

Boston University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Boston University School of Medicine designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credit(s)™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The application to award contact hours has been submitted to Boston Medical Center. Boston Medical Center is an approved provider of continuing nursing education by American Nurses Association, Massachusetts, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

## Conference Highlights:

- Screening, Prevention, and Treatment of Substance Use Disorders
- The Social Media Disconnect
- JUULing, Vaping, and THC
- Developmental Neurobiology and Evidence Based Treatment Options

**CME Course Director:** Daniel P. Alford, MD, Boston University School of Medicine

**At the conclusion of this activity,  
participants will be able to:**

- Recognize the prevalence of substance use disorders within the adolescent population
- Discuss evidenced-based approaches and treatment strategies for youth with nicotine and marijuana use
- Describe the forms of social media most commonly used by adolescents and recognize the benefits and risks that come with social media
- Describe the role of the family in caring for adolescents with addictive disorders

*Breakfast and lunch will be provided*

**\*\*\*To request reasonable accommodations for a disability, please notify Lexie Bergeron ([lexie.bergeron@bmc.org](mailto:lexie.bergeron@bmc.org)) in writing at least two weeks prior to the conference.**